

U-Turn for Christ South Carolina

What to Bring

- 7 days' worth of clothes
- Shoes to work in
- Bible (any translation, **no celebrate recovery**)
- Notebook & pens
- Stamps & envelopes
- Toiletries (soap, shampoo, toothpaste, toothbrush, Deodorant)

What NOT to Bring

- No Phones, Media Devices or Money
- The only reading material allowed is the Bible
- No Tank Tops, Sleeveless Shirts
- No clothes referring to secular music, alcohol, drugs or tobacco
- No Rechargeable razors or anything needing external power
- No aftershave or anything containing alcohol

Optional

- Flip flops
- Flashlight
- Night pants
- Daily devotional
- Alcohol free mouthwash
- Any vitamins or over the counter pain relievers must be new and unopened